

The Dragons Return

by
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HAVE YOU HEARD THE DRAGONS CALL? HAVE DRAGONS APPEARED in your life lately through dreams, visions, meditations or signs?

This is the year of the Water Dragon and now is the time more and more Lightworkers are starting to connect, or re-connect, to Dragon Consciousness and awaken their own potential as co-creators.

My adventure with the dragons started about three years ago, after I bought a ceramics kiln and made a red and green dragon for a dear friend in Wales. Soon after I was visited in a meditative visualisation by a Golden Dragon. It was immensely powerful and regal. I was rather surprised by its immense energy. I had worked with angels and with unicorns in my meditations, sometimes with faeries, but dragons were unknown to me in the spiritual sense and I had not looked for them in any way.

The energy of the Golden Dragon has been most welcome in my meditations, healings and daily life ever since. He has brought me strength in difficult situations at work, protected my energy field and assisted in healings I performed.

Soon the dragons inspired me to start working on a Dragon Oracle, as they conveyed it was time for them to return to human consciousness. They were quite adamant about that. Anytime I lost focus or procrastinated I felt them nudging me onwards with my work. Though they respect free will as angels do, and their energies are closely related to angelic energies, they do not seem to have much tolerance for excuses. They like to help those who help themselves! And they like to empower those who use their power wisely.

As I opened up to their wisdom, to channel it into my Oracle Deck, they spoke to me:

"We are the Dragons, higher dimensional beings that once lived and breathed on the great Mother Earth. Though Mother Earth was never the primary home of our souls we have resided on her and worked with her in close union.

We protected her treasures and ignited the power of the ley

lines. We yielded the power and magic of the elements. We worked to keep the Earth and its inhabitants safe and powerful.

Our power was sought to be misused. It was misunderstood and feared. And so we left this great planet in our physical forms many centuries ago. Yet many of us remain connected to Earth from our higher realms and when needed we are there to assist the planet and awakening beings in their journey towards healing and empowerment.

For those of you who are on a path towards greater love, peace and enlightenment we would like to tell you we are here when you need our help or protection.

But be warned, we only come to those with open hearts and pure intentions."

I felt goodness radiate from them as they worked with me. Dragons are often seen as a dark force. Who has not heard of the stories of bad dragons that needed to be slain? But as with all things of power, it depends on the intention of those working with it whether a force is for good or evil.

As work on the Dragon Oracle was nearly finished and my soul sister Sabine and I made four Crystal Angel Essences corresponding to the four elemental dragons, I received a channelling from the dragons for this time on Earth.

"We are the Dragons, Keepers of Fire, Air, Earth and Water. We are the Keepers of the Golden Flame of Light, ready to blaze this Light through you and your life.

We are the Great Archetypes, mirroring back to humanity their darkness and Light.

Now is the time to let go of all inner darkness and to embrace the Inner Light.

Often it is your Light that you fear most. We do not understand why people would choose to make themselves small and insignificant. We do not understand why they would give away their power to external authorities. It is not power itself that corrupts. It is the wanting of other people's and beings' power. Every being has enough of its own. Everyone has special gifts

to share. We Dragons know this and we yield our own power, knowing it is ours to use and we need nothing more.

Take your strengths and give them to Fire Dragon to forge it like a sword of unbreakable steel.

Take your weaknesses and insecurities and give them to Air Dragon and let them be blown away as you feel the wind of change coming. It is here. These great new energies bring turbulence to you, the Lightworkers and Light bearers. Try not to block them or to stop them. Use them as an airstream to float and fly upon to greater heights and insights.

Take your body as it tries to deal with the new energies of ascension and care for it with Earth Dragon's help. Shelter your body, ground your body and know that this will centre you completely, bringing calm in the eye of the energetic hurricane.

Take your emotions. Look upon them. Accept them as you flow with them. Any feelings that no longer serve you can be given to Water Dragon. Water Dragon will help you accept them and express them in constructive ways.

Thus you become a Dragon Priest or Priestess, wielding our combined ancient powers for the greater good of self and all.

What better helpers with ascension than us dragons, who are closely linked to the stars, the Earth, the ley lines and the sky?

Fly ever higher Lightworkers. A new world awaits."

Would you like to work with the dragons? Here are some ways of doing just that.

1. Dragons come to us when we are in a higher state of consciousness. To reach this state of mind, meditation is always a good first step.

2. To further open your consciousness to them, it can be helpful to focus on an image of a dragon, much like I did when I made the dragon sculpture. You may want to purchase a dragon card, painting or sculpture to look at from time to time. Or equally, you can make one yourself!

3. "The teacher comes when the student is ready." So even though dragons do not care for being summoned, you can pave the way for their arrival by stating those things within yourself and your life you wish to transform and tell the dragons you would very much welcome their help. As said they like to help those who help themselves, so make sure you start making changes in the area you need help with. No matter how small the changes, it will send out a signal about your desire for change and growth.

4. Use the Dragon Oracle to work on your personal and spiritual growth.

5. Use Dragon Essences to attune to their energy.

6. Visit a ley line and send white light through it to raise the vibration of the area it flows through. The ley lines are sometimes called dragon lines and you can imagine a crystalline dragon helping you with your Light Work on the ley lines.

7. Lastly here is a guided meditation for you to use to connect to dragon consciousness:

Ground yourself properly and call in spiritual protection before you start your meditation. Prepare yourself for this meditation by relaxing your body and breathing deeply.

Imagine walking in an ancient forest. The trees are thick and gnarled and your feet are touching a thick blanket of moss. Spiders weave their webs and birds sing their songs.

As you move deeper into the forest you find a cave before you. As you enter this cave a red light radiates from the crystals in the cave. In the middle a red dragon raises itself up and it breathes the red light over you and through you, bringing you

strength. You thank the great being as you leave.

As you walk onwards within the cave, you find an opening to an alcove, shimmering in orange. There an orange dragon awaits you amidst orange calcite stones. The dragon looks you in the eyes and from its eyes a beam of orange light emerges. The light surrounds you and encourages you to live your dreams and follow your passions. Again you thank the dragon as you leave the alcove and move deeper into the large cave.

Another area of the cave appears; this one a shining yellow citrine area. A yellow dragon moves its talons through your aura and you see it cutting away dark cords from your being. It then softly touches your solar plexus, empowering you with golden yellow energy. You thank the dragon as you move onwards.

A lovely green dragon appears. It is surrounded by the most brilliant emerald cave as it shines soft green light from its huge heart into yours, bringing forgiveness and healing of the heart. You feel your chest expanding and your heart filling itself with love. You send back love to the dragon before you leave its lair.

Onwards a blue dragon lies in another alcove of deep blue sapphire. From its throat radiates a clear blue light into your throat chakra as it gives you the power to express your feelings and speak your truth. You thank the blue dragon as you continue on your journey.

You keep walking through the caves as an indigo dragon appears in a dark blue cave that looks like the night sky. It touches its brow to yours, sending indigo energy into your third eye to awaken your spiritual sight. You bow deeply to this great Master:

Finally you enter a beautiful amethyst cave. A great purple dragon with butterfly wings motions you to come closer. It lights a campfire for you by spitting violet fire onto the ground. It encourages you to give all that no longer serves you to the flames. You gladly do so, thanking the dragon for its wonderful help.

As you walk on you hear a great rumbling sound and you realise you have come to the end of the cave. It is covered by a great waterfall, which radiates rainbow colours. You step through it as it cleanses your aura and brings together all the attributes of the colourful dragons.

As you emerge from the waterfall a white, crystalline dragon soars in the sky. It looks magnificent and reminds you of a unicorn with its white, spiral horn. It lands before you and touches your forehead. You feel a strange tingling sensation and as you look into the lake at the bottom of the waterfall you see a diamond shaped light on your forehead. It will help you use your spiritual power wisely.

Now you are ready to return to the place where you started, to your own body. Make sure you ground yourself as you return to your normal consciousness and write down any insights you received during this meditation.

Cathelijne Filippo trained as a psychologist, cognitive behavioural therapist, mindfulness based therapist and solution focused therapist. Parallel to her work as a psychologist, she has her own company Angel Light Heart in which she merges spirituality and creativity to inspire and help others in their personal and spiritual development. She creates angel sculptures, angel essences, gives workshops, consultations and healings. Please visit her websites at: www.angellighthouse.com and www.heart-healingart.co.uk to read more about her work, or to order the Dragon Oracle, Dragon Essences or a Dragon sculpture for yourself! Email: angellighthouse@hotmail.com

to share. We Dragons know this and we yield our own power, knowing it is ours to use and we need nothing more.

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